



READY TO HELP—Linda Cummings, Kelly Scullion and Theresa Coe volunteer with the Coast Guard Auxiliary Unit 8, a physically challenging and knowledge-intensive commitment for those with an interest in boating and safety on the water.

Jim Kinnear photo

wears a pager 24/7 during their duty week once a month, meaning they are prepared to respond to the dock within a half hour if needed.

“You’re always sort of at the ready, yet you never expect it,” says Scullion.

Fortunately, Scullion says she has yet to attend to any serious injuries. When asked for a key piece of advice to keep it that way, all three emphasize the importance of

wearing a life jacket, especially when out on the cold waters off Delta’s coast.

“Wear your PDF (personal flotation device). I sound like a broken record, but wear a PDF,” says Scullion. “We see children out there who don’t have their life jackets on, and it’s so unnecessary.”

For more about the Coast Guard Auxiliary Unit 8, visit deltasar.bc.ca.

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